

Software to help you perform your best



Review workouts and schedules ahead of time



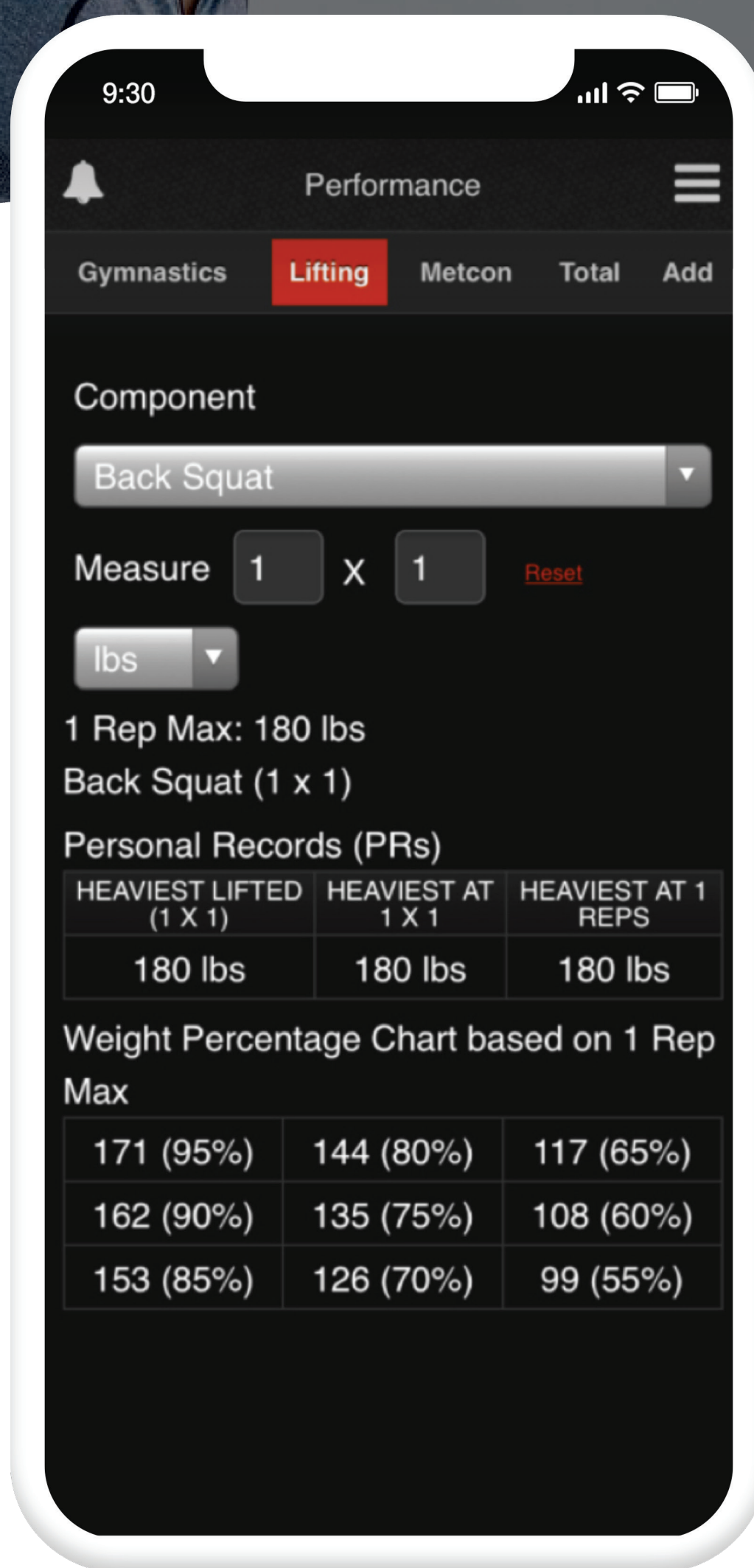
Make a reservation so you'll always have a spot in class



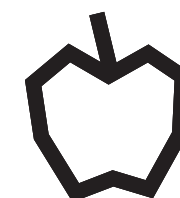
Record your results and keep track of the competition



Stay motivated to perform your best day after day



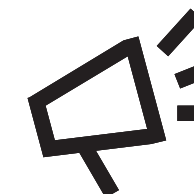
Comment on your friends' scores and see who liked yours



Hold yourself accountable by keeping a food journal



Achieve more PRs and watch your progress soar



Reach fitness goals you never thought possible

