

# The difference between MZ-3 and MZ-1 belts



## MZ-3

The Myzone MZ-3 is an award-winning wearable fitness device designed to track, store, and provide activity data at Wodify Pulse-enabled gyms or smartphones using ANT+ technology. The MZ-3 has been proven to be over 99% accurate compared to other fitness wearables.

Users can store up to 16 hours of workout data in the MZ-3 module while out of range of their Wodify gym or smartphone.



Rechargeable



MEPs



Bluetooth



Water Resist  
(10m)



16 HR Memory



Up to 7 months  
per single charge



ANT+



KHz



Kilocalorie



## MZ-1

The Myzone MZ-1 delivers the same accurate heart rate and effort-tracking data to Wodify Pulse-enabled gyms and the Myzone app.

This economical model supports the basic functionality of heart rate tracking with Wodify Pulse.



MEPs



Bluetooth



Kilocalorie