

wodify

Pulse

Powered by



Up your game with group
heart rate training

CHRISTINA K.

66%

032

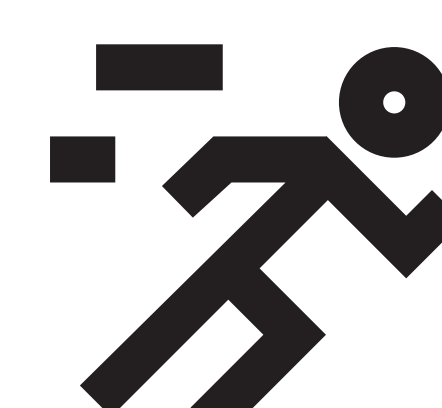
113

43

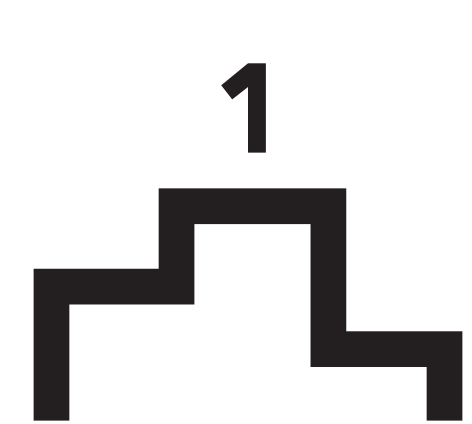
Wodify Pulse key benefits



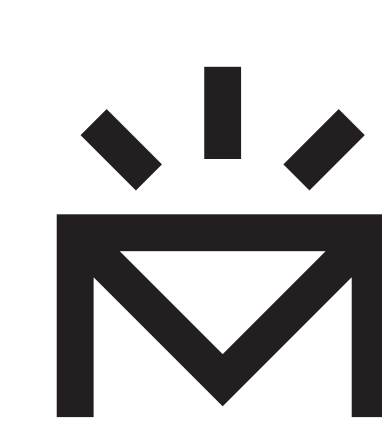
View heart rate, effort
and calories burned
in real time.



View other's efforts during
class to stay motivated
and competitive.



Achieve status
rankings based on
effort, not ability.



Receive an immediate
workout summary
via email.



Set personal fitness
goals and stay
accountable.



Track heart rate
outside the gym with
the Myzone app.